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# Merton Council Children and Young People Overview and Scrutiny Panel



Date: 7 October 2019

Time: 7.15 pm

Venue: Committee Rooms CDE, Civic Centre, London Road, Morden, SM4 5DX

#### **AGENDA**

Page Number

| 1  | Apologies for absence                              |                    |
|----|--|--------------------|
| 2  | Declarations of pecuniary interest                 |                    |
| 3  | Minutes of the previous meeting                    | 1 - 4              |
| 4  | Cabinet Member priorities                          | (Verbal<br>update) |
| 5  | School maintenance costs                           | 5 - 8              |
| 6  | Troubled families                                  | To<br>follow       |
| 7  | Children's mental health task group - Final report | 9 - 28             |
| 8  | Departmental update report                         | To<br>follow       |
| 9  | Performance monitoring                             | 29 - 30            |
| 10 | Work Programme                                     | 31 - 38            |

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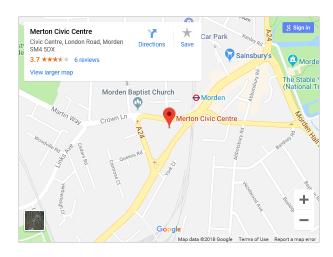
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#### Children and Young People Overview and Scrutiny Panel membership

#### Councillors:

Sally Kenny (Chair)

Hayley Ormrod (Vice-Chair)

Agatha Mary Akyigyina OBE

Omar Bush

**Edward Foley** 

Jenifer Gould

Joan Henry

James Holmes

Russell Makin

Marsie Skeete

Dave Ward

Vacancy

#### **Substitute Members:**

Dickie Wilkinson

**Thomas Barlow** 

Billy Christie

Andrew Howard

Hina Bokhari

#### Note on declarations of interest

**Co-opted Representatives** 

Helen Forbes, Parent Governor

Representative - Secondary and Special

Sector

Emma Lemon, Parent Governor

Representative - Primary Sector

Colin Powell, Church of England diocese

Members are advised to declare any Disclosable Pecuniary Interest in any matter to be considered at the meeting. If a pecuniary interest is declared they should withdraw from the meeting room during the whole of the consideration of that matter and must not participate in any vote on that matter. If members consider they should not participate because of a non-pecuniary interest which may give rise to a perception of bias, they should declare this, .withdraw and not participate in consideration of the item. For further advice please speak with the Assistant Director of Corporate Governance.

#### What is Overview and Scrutiny?

Overview and Scrutiny describes the way Merton's scrutiny councillors hold the Council's Executive (the Cabinet) to account to make sure that they take the right decisions for the Borough. Scrutiny panels also carry out reviews of Council services or issues to identify ways the Council can improve or develop new policy to meet the needs of local people. From May 2008, the Overview & Scrutiny Commission and Panels have been restructured and the Panels renamed to reflect the Local Area Agreement strategic themes.

Scrutiny's work falls into four broad areas:

- ⇒ **Call-in**: If three (non-executive) councillors feel that a decision made by the Cabinet is inappropriate they can 'call the decision in' after it has been made to prevent the decision taking immediate effect. They can then interview the Cabinet Member or Council Officers and make recommendations to the decision-maker suggesting improvements.
- ⇒ **Policy Reviews**: The panels carry out detailed, evidence-based assessments of Council services or issues that affect the lives of local people. At the end of the review the panels issue a report setting out their findings and recommendations for improvement and present it to Cabinet and other partner agencies. During the reviews, panels will gather information, evidence and opinions from Council officers, external bodies and organisations and members of the public to help them understand the key issues relating to the review topic.
- ⇒ **One-Off Reviews**: Panels often want to have a quick, one-off review of a topic and will ask Council officers to come and speak to them about a particular service or issue before making recommendations to the Cabinet.
- ⇒ **Scrutiny of Council Documents**: Panels also examine key Council documents, such as the budget, the Business Plan and the Best Value Performance Plan.

Scrutiny panels need the help of local people, partners and community groups to make sure that Merton delivers effective services. If you think there is something that scrutiny should look at, or have views on current reviews being carried out by scrutiny, let us know.

For more information, please contact the Scrutiny Team on 020 8545 4035 or by e-mail on scrutiny@merton.gov.uk. Alternatively, visit <a href="www.merton.gov.uk/scrutiny">www.merton.gov.uk/scrutiny</a>



# Agenda Item 3

CHILDREN AND YOUNG PEOPLE OVERVIEW AND SCRUTINY PANEL 26 JUNE 2019

(7.15 pm - 9.15 pm)

**PRESENT** 

Councillor Councillor Sally Kenny (in the Chair), Councillor Hayley Ormrod, Councillor Omar Bush, Councillor Edward Foley, Councillor Joan Henry, Councillor James Holmes, Councillor Russell Makin, Councillor Marsie Skeete and Councillor Dave Ward

Karl Mittelstadt (Head of Policy, Performance and Partnerships), Rachael Wardell (Director, Children, Schools & Families Department) and Dr Dagmar Zeuner (Director, Public Health)

1 APOLOGIES FOR ABSENCE (Agenda Item 1)

There were apologies for absence from Councillor Kelly Braund, Councillor Agatha Mary Akyigyina and the co-opted representatives Colin Powell, Helen Forbes and Emma Lemon.

2 DECLARATIONS OF PECUNIARY INTEREST (Agenda Item 2)

There were no declarations of interest.

3 MINUTES OF THE PREVIOUS MEETING (Agenda Item 3)

The minutes of the previous meeting were agreed as an accurate record

4 HEALTH AND WELLBEING STRATEGY 2019-24 (Agenda Item 4)

The Director of Public Health introduced and summarised the updated Health & Wellbeing Strategy for 2019-2024.

- We recognise that context changes over time and the outcomes that matter to people will change over the five years.
- Rolling programme of priority actions for each year that can adapt.
- The strategy will be presented to the Health & Wellbeing Board in October 2019.

The Chair thanked the Director of Public Health and asked the Panel if they had any questions.

In response to Panel Members questions, the Director of Public Health clarified;

• Recognised that the timing of Scrutiny and Health and Wellbeing Board approval is sub optimal, but it is a live document and suggestions are welcomed.

1

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- With regards to a request for more information on how themes will be addressed/how the actions and outcomes will be measured, it was stated that once a year the accountability plan will provide feedback on this.
- The old data set that was used has been amended where possible.
- In Merton about 70 deaths per year are attributable to the damaging impact of air pollution. This figure was calculated using the Public Health Outcomes framework and using an attribution methodology.
- Estimation model used for the obesity in Primary School age statistics. Children's weights are recorded in Reception and Year 6.
- Merton has the 5<sup>th</sup> highest rate of self-harm. There are steep increases in self-harm A&E data. Self-harm figures have rocketed and its correlation to suicides used to be tight, but now we are seeing a decoupling. There is a local suicide prevention strategy, trail blazer programme, counselling services and peer support for parents via CCG. Emotional and mental resilience in schools must be strengthened.
- Differentiation between type 1 and type 2 diabetes will be included in the annual report.

#### ACTIONS - The Director of Public Health agreed to;

- Request details on the Sickle Cell services commissioned by the CCG.
   UPDATE: The Director of Public Health has contacted the CCG for information.
- Find out how many participants participated in the active travel survey –
   UPDATE: The survey was undertaken by Age UK Merton and there were just under 300 responses.
- Circulate the final version of the strategy before Cabinet on 15 July 2019.
   UPDATE: Circulated via email on 04.07.19

# 5 CABINET MEMBER AND DIRECTOR: KEY CHALLENGES AND ISSUES FOR THE COMING YEAR (Agenda Item 5)

The Director for Children, Schools and Families had supplied a written update and explained the report describes the entire business of the Children, Schools and Families department in ten main themes. Elements have been grouped together where possible and the departmental update at every meeting will also capture specific topics.

The Cabinet Member for Schools and Adult Education gave a verbal update on her priorities for the year ahead;

- 1. SEND funding Lobbying for better funding
- 2. School places Paying for private sector SEN places
- 3. School improvements / Bridging the gap

2

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In response to a Member question, The Director of Children, Schools and Families explained that the School Standards report includes schools that cause concern and require improvement, but there is scope to add this information to the Department Update report when requested.

The Head of Performance, Policy and Partnerships provided an overview of the Mosaic system and offered a demonstration to any interested Panel Members.

ACTION: Members should register their interest with the Chair.

#### 6 DEPARTMENT UPDATE REPORT (Agenda Item 6)

The Director for Children, Schools and Families summarised the key paragraphs. The Panel were asked to note that the update had been redesigned for this year and includes subjects that the Panel were keen to hear about.

#### ACTION:

The Director for Children, Schools and Families will provide feedback on how many schools are included in Safer Merton's planned Head Teacher meetings to discuss the best approaches to crime preventions, though it is anticipated that the invitation would have been extended to all schools.

The Chair thanked the Director of Children, Schools and Families for the update and approved the redesigned format for future meetings.

#### 7 PERFORMANCE MONITORING REPORT (Agenda Item 7)

The Vice Chair will continue as Performance Monitoring Lead and asked if any Panel members would like to be included in the performance monitoring pre-meets with the Head of Performance, Policy and Partnerships. Councillor Russell Makin requested to join.

ACTION: Scrutiny Officer to send calendar invites to Cllr Makin.

# 8 SETTING THE WORK PROGRAMME 19/20 AND APPROVAL OF TASK GROUP (Agenda Item 8)

The Work Programme for 2019/20 was agreed.

The Panel agreed a task group review of the use of Educational Technology in the classroom.

Broadly, the task group will explore the benefits and disadvantages of Educational Technology tools, including personalised learning, and how this technology is currently being utilised in Merton's Schools.

3

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The Panel has appointed Councillors James Holmes, Russell Makin, Joan Henry, Marsie Skeete and Ed Foley (work schedule permitting). Additional members are welcome and details of this will be emailed to all Members.

#### Children and Young People Overview and Scrutiny Panel

Date: 7 October 2019

Agenda item:

Subject: School Maintenance Costs

Lead officer: Rachael Wardell

Lead member: Councillor Eleanor Stringer

Contact officer: Tom Procter, Head of Contracts and School Organisation

#### Recommendation:

For Children and Young People Overview and Scrutiny Panel to comment and note the current position regarding schools' maintenance as outlined in this report.

#### 1 PURPOSE OF REPORT AND EXECUTIVE SUMMARY

1.1. This report outlines the arrangements for funding building maintenance in schools, the need identified from condition surveys, the past and future level of spend, and how it is prioritised to allocate to schools.

#### 2 DETAILS

2.1. The arrangements for funding school maintenance is as follows for state schools:

|   | Revenue<br>maintenance *       | Capital maintenance *  |
|---|--------------------------------|--|
| Community and<br>Voluntary Controlled<br>(VC) Schools | Schools<br>delegated<br>budget | Council, but annual formulaic grant provided by ESFA (Education and Skills Funding Agency)   |
| Voluntary Aided<br>Schools                            | Schools<br>delegated<br>budget | The ESFA fund a 'Locally Co-ordinated Voluntary Aided Programme' From 2020/21 this will be provided at Diocesan Board level rather than by local authority   |
| Academies   | Schools<br>delegated<br>budget | Condition Improvement Fund provided<br>by ESFA. Smaller Academy Trusts bid at<br>project level, larger Academy Trusts<br>receive a formulaic allocation to prioritise<br>among the Trust's schools |
| PFI Schools   | As for capital                 | Under the PFI contract the revenue and capital maintenance of buildings in the contract is the responsibility of the PFI Contractor (NewSchools Merton Ltd.)                                       |
|   |                                | (Note – 6 <sup>th</sup> form buildings built in 2010 are not within the PFI contract, and there are also some excusing clauses)  |

<sup>\*</sup> Revenue maintenance is day to day maintenance, and capital is long term renewal e.g. replacement of some roof tiles or boiler repair is revenue, but full renewal of roof covering or replacement boiler is

capital. Full breakdown is in the Council's Scheme for Financing Schools (see link in background papers).

Schools are also provided with a limited Devolved Formula capital sum and the council policy is to only fund items above £20,000 and for a school contribution of up to £10k depending on the project value

2.2. The council therefore only has capital maintenance responsibility for its 34 Community/VC Schools (27 primary, 3 secondary, 3 special and 1 PRU), and this is the focus of this report.

#### **Capital Maintenance need**

2.3. In 2017 the council commissioned Kier to undertake condition surveys for all its community/VC schools. This showed a substantial backlog of capital maintenance, with the required expenditure over the 6 years from 2017 to 2022 identified as follows:

| 2017/18  | 2018/19    | 2019/20    | 2020/21    | 2021/22  | 2022/23    | Total      |  |  |
|----------|------------|------------|------------|----------|------------|------------|--|--|
| £832,578 | £4,779,485 | £1,067,460 | £1,405,559 | £277,189 | £1,633,928 | £9,996,199 |  |  |

2.4. It should be noted that this was a relatively high level report and there is a need to consider items in more detail before they are programmed. It was also only a visual inspection and so it is inevitable that additional needs are later identified e.g. some urgent boiler replacement works were undertaken in 2018 to keep schools open even though they were not identified as an urgent priority in the Kier survey.

#### Spending levels

2.5. The council spend over the past 5 years and budget for 2019/20 on specific capital maintenance work, including contributions from schools, has been as follows:

| Year    | Total spend including school contributions | Comments  |  |  |  |  |  |  |  |  |
|---------|--|---|--|--|--|--|--|--|--|--|
| 2014/15 | £596,392                                   | Works undertaken at 15 schools and includes £113k on boilers, £78k on rainwater goods, £57k on roof replacement and £36k on asbestos removal      |  |  |  |  |  |  |  |  |
| 2015/16 | £715,039                                   | Works undertaken at 15 schools and includes £256k on boilers, £161k on fencing & security, £125k on asbestos removal and £72k on roof replacement |  |  |  |  |  |  |  |  |
| 2016/17 | £767,767                                   | Works undertaken at 16 schools and includes £259k on roof replacement, £154k on boilers and £110k on electrical & lighting replacement            |  |  |  |  |  |  |  |  |
| 2017/18 | £715,203                                   | Works undertaken at 19 schools and includes £134k on boilers, £84k on toilet replacement, £73k on rainwater goods and                             |  |  |  |  |  |  |  |  |

|         |                        | £61k on roof replacement   |
|---------|------------------------|--|
| 2018/19 | £1,013,265             | Works undertaken at 18 schools and includes £267k on boilers, £175k on asbestos removal and £145k on roof replacement                                  |
| 2019/20 | £2,158,790<br>(budget) | Works programmed at 25 schools and includes £370k on boilers, £268 on electrical & lighting, £220k on roof replacement and £130k on toilet replacement |

- 2.6. It should be noted that prior to 2019/20 expenditure was below the ESFA (non-ringed) grant. However, substantial sums were spent on primary school expansion and this has included improving the maintenance of the schools at the same time though not recorded separately i.e. most school expansions had an element of refurbishment to their existing school.
- 2.7. The completion of the primary school expansion programme, and the need identified in the Kier survey in 2018 led to Council in March 2019 agreeing an annual programme of £1.9 million per annum (i.e. at the ESFA grant level) from 2019/20 excluding contributions from schools.

#### Method for allocating funding

- 2.8. The annual programme is agreed by considering the highest priorities from the Kier survey and an invitation to schools to identify needs from their perspective e.g. where poor condition may have accelerated or the Kier survey didn't identify the full extent of the issue.
- 2.9. Children Schools and Families officers then commission the council's Corporate Facilities team to undertake annual school visits for a further sift of prioritisation, using the following priority criteria:
  - Priority 1 Serious risk of school closure or immediate health and safety risk or serious water penetration if we do not complete the works this summer (e.g. good chance the heating will fail or building will not be water tight)
  - Priority 2- As above but slightly less serious; work required this year to prevent more expensive deterioration
  - Priority 3 Works could wait another year without serious deterioration to the fabric/serious risk of school closure/no immediate health and safety issue.
- 2.10. The annual programme is then agreed in the spring from the available resources, so that the school summer holiday window can be used for works.
- 2.11. The budget is also used for works to improve the accessibility of schools to enable inclusion e.g. if a toilet needs to be adapted for a disabled child.

#### 3 ALTERNATIVE OPTIONS

3.1. Not applicable – report not for decision

#### 4 CONSULTATION UNDERTAKEN OR PROPOSED

- 4.1. Not applicable report not for decision
- 5 TIMETABLE
- 5.1. Not applicable

#### 6 FINANCIAL, RESOURCE AND PROPERTY IMPLICATIONS

- 6.1. As described in the table in paragraph 2.1, schools are responsible for revenue maintenance which is provided as part of their delegated budget in the Schools Block Dedicated Schools Grant. Schools also receive a devolved capital allocation, which is £6,500 to £11,700 for primary schools, and £21,400 to £27,200 for secondary schools, depending on their roll.
- 6.2. The Capital Maintenance budget is agreed by Council, but is funded by a formulaic budget of circa £1.9 million per annum from the ESFA. The grant is correspondingly reduced if a school becomes Academy. The grant is not technically ring-fenced but the council is required to provide an annual submission to the ESFA on how it is spent
- 6.3. The Table below compares the actual spend and proposed budget against the backlog repairs from the Keir Survey.

| Narrative              | 2017/18 | 2018/19   | 2019/20   | 2020/21    | 2021/22    | 2022/23    | Total     |
|------------------------|---------|-----------|-----------|------------|------------|------------|-----------|
|                        | £       | £         | £         | £          | £          | £          | £         |
| Kier Survey<br>Backlog | 832,578 | 4,779,485 | 1,067,460 | 1,405,559  | 277,189    | 1,633,928  | 9,996,199 |
| Actual/Budget          | 715,203 | 1,013,265 | 2,158,790 | *1,900,000 | *1,900,000 | *1,900,000 | 9,587,258 |

<sup>\*</sup> will match the EFSA Grant and excludes any schools contributions, which are expected under the current scheme

#### 7 LEGAL AND STATUTORY IMPLICATIONS

- 7.1. No specific implications
- 8 HUMAN RIGHTS, EQUALITIES AND COMMUNITY COHESION IMPLICATIONS
- 8.1. No specific implications
- 9 CRIME AND DISORDER IMPLICATIONS
- 9.1. No specific implications
- 10 RISK MANAGEMENT AND HEALTH AND SAFETY IMPLICATIONS
- 10.1. No specific implications
- 11 APPENDICES THE FOLLOWING DOCUMENTS ARE TO BE PUBLISHED WITH THIS REPORT AND FORM PART OF THE REPORT
  - None

#### 12 BACKGROUND PAPERS

12.1. The Scheme for Financing Schools referred to under the table in paragraph 2.1 is on the council website https://www.merton.gov.uk/council-and-local-democracy/finance/scheme-for-financing-schools

Committee: Children and Young People Overview and

**Scrutiny Panel** 

Date: 07 October 2019

Wards: ALL

**Subject:** Report and Recommendations arising from the 'Children's Mental Health' Task Group Review

Lead member: Councillor Natasha Irons, Chair of the 'Children's mental health' Task Group.

Contact officer: Stella Akintan, Scrutiny Officer stella.akintan@merton.gov.uk; 020 8545 3390

#### Recommendations:

- A. That the Panel comment on the report and recommendations arising from the 'Children's Mental Health' Task Group.
- B. That the Panel send the report to Cabinet for final agreement.

#### 1 PURPOSE OF REPORT AND EXECUTIVE SUMMARY

1.1. In June 2018 this Panel commissioned a task group to consider 'Children's Mental Health'. The full report is attached.

#### 2 ALTERNATIVE OPTIONS

The Children and Young People Overview and Scrutiny Panel can select topics for scrutiny review and for other scrutiny work as it sees fit, taking into account views and suggestions from officers, partner organisations and the public.

Cabinet is constitutionally required to receive, consider and respond to scrutiny recommendations within two months of receiving them at a meeting.

2.1. Cabinet is not, however, required to agree and implement recommendations from Overview and Scrutiny. Cabinet could agree to implement some, or none, of the recommendations made in the scrutiny review final report.

#### 3 CONSULTATION UNDERTAKEN OR PROPOSED

3.1. The Panel will be consulted at the meeting

#### 4 TIMETABLE

4.1. The Panel will consider important items as they arise as part of their work programme for 2019/20..

#### 5 FINANCIAL, RESOURCE AND PROPERTY IMPLICATIONS

5.1. None relating to this covering report

#### 6 LEGAL AND STATUTORY IMPLICATIONS

6.1. None relating to this covering report. Scrutiny work involves consideration of the legal and statutory implications of the topic being scrutinised.

# 7 HUMAN RIGHTS, EQUALITIES AND COMMUNITY COHESION IMPLICATIONS

7.1. It is a fundamental aim of the scrutiny process to ensure that there is full and equal access to the democratic process through public involvement and engaging with local partners in scrutiny reviews. Furthermore, the outcomes of reviews are intended to benefit all sections of the local community.

#### 8 CRIME AND DISORDER IMPLICATIONS

- 8.1. None relating to this covering report. Scrutiny work involves consideration of the crime and disorder implications of the topic being scrutinised.
- 9 RISK MANAGEMENT AND HEALTH AND SAFETY IMPLICATIONS
- 9.1. None relating to this covering report
- 10 APPENDICES THE FOLLOWING DOCUMENTS ARE TO BE PUBLISHED WITH THIS REPORT AND FORM PART OF THE REPORT
  - Report and Recommendations arising from the 'Children's Mental Health' task group review.
- 11 BACKGROUND PAPERS
- 11.1. None.

# Task Group Review of Children's Mental Health in Merton Final Report and Recommendations

Children and Young People's Overview and Scrutiny Panel, September 2019

#### Task group membership:

Councillor Natasha Irons, (Chair) Councillor Agatha Akyigyina Councillor Hina Bokhari Councillor Edward Gretton Councillor Paul Kohler

#### **Scrutiny support:**

Stella Akintan, Scrutiny Officer
For further information relating to the review, please contact:

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scrutiny@merton.gov.uk

#### **Acknowledgments**

The task group would particularly like to thank the parents, voluntary and community organisations and council officers who shared their views and experiences with us.

The Task Group witnesses:

Hearts and Minds, Local Charity
Stem4, Local Charity
Child and Adolescent Mental Health Team, Merton CCG
Children and Young People Commissioning Manager, Merton Council
Head of Education Welfare, Merton Council
Head Teacher, Ursuline School
Programme Lead, Merton Trailblazer, South London NHS
Merton Youth Parliament, Merton Council

Visits to local services:

Merton Youth Clubs Hearts and Minds Charity

# Contents Page

| Contents   | Page No. |
|--|----------|
| Foreword by the Task Group Chair                         | 4        |
| List of Recommendations                                  | 5-6      |
| Introduction   | 7        |
| Terms of Reference                                       | 8        |
| The National and London Policy Context                   | 8        |
| Background to Children's mental health needs in          | 8        |
| Merton   |          |
| Findings and Recommendations                             | 10       |
| Prevention of mental health issues                       | 10       |
| Early Help   | 11       |
| User-Friendly Services                                   | 12       |
| Support for parents and families                         | 13       |
| Need for consistent mental health support in schools     | 14       |
| Pressures within the school environment                  | 14       |
| Discussing mental health issues within the school        | 15       |
| curriculum   |          |
| Youth Parliament Campaign                                | 16       |
| Mental Health Trailblazer                                | 16       |
| Appendix A – Schools involved in the Mental Health Pilot | 18       |



#### Foreword, Councillor Natasha Irons, Task Group Chair

As parents, we spend much of our lives trying to protect our children from harm. We teach them how to cross the road and to not speak to strangers. Yet many of us would struggle to know how to protect our children from mental health issues, or where to turn if our child develops one. With 75% of mental health conditions first developing by the age of 24 and, as outlined by Public Health England, only 25% of children needing treatment receiving it, the emotional wellbeing of young people in England has rightly become a national priority.

Initially, the group set out to make recommendations aimed at strengthening early years interventions as a way to prevent mental health issues developing in the first place. However, it quickly became clear that Merton already has a framework for postnatal and targeted early years support, but the offer once a young person starts school seems less clear. As a result, the Children's Mental Health Task group focused on what support is on offer for young people in Merton, understanding how our schools support their wellbeing and making recommendations that simplify pathways to support.

I would like to thank all members of our task group for their commitment, ideas and support throughout the process. As a group, we'd like to thank all those who agreed to give evidence – Hearts and Minds, Stem 4, Merton Council's Youth Inclusion Team, Ursuline High School and our Scrutiny Officer Stella Akintan for facilitating our work. A special thanks go to the members of Merton's Youth Parliament for inviting us to one of their sessions and for their invaluable contribution.

#### **List of Recommendations**

| Recommendation   | Responsible<br>Decision Makers                                | Pages   |  |  |  |  |
|--|---|---------|--|--|--|--|
| Recommendation one: That the Children and Young People's Overview and Scrutiny Panel consider reviewing Merton's early years support and post-natal attachment strategies. This can either be looked at as a report to the Panel or an in-depth task group review. | Children and Young<br>People's Overview<br>and Scrutiny Panel | Page 11 |  |  |  |  |
| Recommendation two: Merton CCG to fund advocacy services for children and young people who are seeking support for their mental health issues but who don't have appropriate support from a trusted adult.   | Merton Clinical<br>Commissioning<br>Group (Merton CCG)        | Page 13 |  |  |  |  |
| Recommendation three: Ensure the named practice lead knows what changes and enhancements on services and training are available to Children and Young People and takes responsibility for keeping clinicians up to date.   | Merton CCG<br>GP Practices                                    | Page 13 |  |  |  |  |
| Recommendations four: The single point of access to be opened up to young people, parents and anyone worried about a young person.   | Child and Adolescent<br>Mental Health<br>Services (CAMHS)     | Page 13 |  |  |  |  |
| Recommendation five: Ensure mental health first aid training is provided to anyone working with young people.  | Merton CCG CAMHS Children Schools and Families Department     | Page 13 |  |  |  |  |
| Recommendation six: Pilot a young person social prescribing model.   | Merton CCG  | Page 13 |  |  |  |  |
| Recommendation seven: Encourage schools to provide mental health first aid training to every parent in Merton – exploring opportunities to work with the Mayor of London to deliver.   | Merton schools<br>Children Schools and<br>Families Department | Page 14 |  |  |  |  |
| Recommendation eight: Encourage schools to adopt a mental health policy (which should include the importance of  | Children School's and Families Department                     | Page 15 |  |  |  |  |

| early intervention, building resilience and signposting of services).   |  |         |
|---|--|---------|
| Recommendation nine: Encourage School Governing Bodies to appoint a mental health lead, to ensure mental health and wellbeing is prioritised and training is up-to-date.                                  | School Governing<br>Bodies                                 | Page 15 |
| Recommendation ten: Encourage School Governing Bodies to take up training on mental health issues amongst children and young people.  | School Governing<br>Bodies                                 | Page 15 |
| Recommendation eleven: Encourage Governors to ensure PSHE lessons that focus on mental health and wellbeing remain in place for years 10 and 11.  | School Governing<br>Bodies                                 | Page 15 |
| Recommendation twelve: Council, Youth Parliament and CCG to work together on a communications plan to raise awareness of Merton's local offer and destigmatize mental health issues amongst young people. | Merton CCG/<br>Children Schools and<br>Families Department | Page 16 |
| Recommendation thirteen: CCG to lead a knowledge-sharing forum between Trailblazers and other Merton schools to ensure learnings and best practice from the pilot are shared.                             | Merton CCG   | Page 17 |
| Recommendation fourteen: Ensure that the work of the trailblazer reaches underrepresented and seldom heard such as BAME and LGBTQ+.   | Merton CCG   | Page 17 |

#### Introduction

On 27<sup>th</sup> June 2018, the Children and Young People's Overview and Scrutiny Panel commissioned a task group to look at how to promote good mental health and wellbeing for all children and young people in Merton.

Given this broad remit, the task group used the early evidence-gathering sessions to gain a better understanding of the local issues and to consider how to refine the review to ensure the recommendations led to real changes in local service provision.

The national picture highlights that 1 in 8 children and young people will experience mental health problems such as anxiety, depression, eating disorders and self-harm, with the latter leading to a steep rise in hospital admissions<sup>1</sup>. The reasons for this are varied and wide ranging; young people who are already vulnerable due to the impact of poverty, being looked after, or having traumatic childhoods are more likely to experience mental health problems. Additionally, the negative impact of social media and increased focus on body image can have a detrimental impact on self-esteem. There are also links between excessive social media use, sleep deprivation and depression in children and young people.<sup>2</sup>

However, Young Minds, a charity with 25 years sector experience note this as a time for some optimism. Children and young people's mental health has gained wider recognition, largely through discussion and high-profile campaigns on social media. As a result, attitudes are changing and this subject is no longer taboo, which in turn is helping to break the stigma associated with seeking support. However, difficulties in accessing services and the root causes of mental health problems are still prevalent<sup>3</sup>.

The Government has also dedicated an additional £1.7 billion by 2020 to improve services that help and support young people with mental health issues. In the 2018 Budget, part of the 10-year NHS funding package was allocated towards services supporting children and young people, including schools-based mental health support and specialist crisis teams for young people across the country<sup>4</sup>.

This task group will want to ensure that the monies dedicated to children and young people's mental health services in Merton are reaching those who are most in need and that this borough is at the heart of challenging issues within the sector.

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<sup>&</sup>lt;sup>1</sup> Local Government Association: Don't be left in the Dark, Children and Young People's mental health, January 2018.

<sup>&</sup>lt;sup>2</sup> Children and Young People's mental health, the role of education: House of Commons Education and Health Committee. 02 May 2017.

<sup>&</sup>lt;sup>3</sup> Young Minds, 25 Years fighting for young people's mental health, 2018

<sup>&</sup>lt;sup>4</sup> Local Government Association: Don't be left in the Dark, Children and Young People's mental health, January 2018.

#### Terms of reference

- **1.** To review Merton's universal mental health offer for children and young people aged 11-25, assessing whether the current provision is able to meet the diverse needs of this wide ranging group.
- 2. To review the mental health and wellbeing offer across all schools, assessing whether the provision is consistent for all pupils and that the schools can access mainstream mental health services and signpost wider services.
- **3.** To consider existing projects and good practice from elsewhere and make recommendations aimed at ensuring the borough is friendly and supportive for those with mental health conditions.

#### The National and London Policy Context

In December 2017, the government published a Children's Mental Health Green Paper which set out an ambition for earlier intervention and prevention, a boost in support for the role played by schools and colleges, and better, faster access to NHS services. The specific measures in the Green Paper included:

- A designated Senior Lead for Mental Health in schools and colleges to oversee the approach to mental health and wellbeing.
- A four-week waiting time for access to specialist NHS children and young people's mental health services.
- The establishment of trailblazer areas incorporating all three pillars, operational from 2019, which will be supported by robust evaluation to understand what works.

#### Background to children's mental health needs in Merton

The task group met with the Children and Adolescent Mental Health Service (CAMHS), the Clinical Commissioning Group Leads for Merton and the Council's Commissioning Manager for Children and Families. Together, these groups provided an overview of the number of children and young people affected by mental health conditions, as well as some of the services available to support them.

There are an estimated 2,380 children and young people aged 5-16 in Merton with a mental health disorder, representing 8.5% of the total population of children and young people in the borough. It is thought that 38.2% are estimated to have emotional disorders, 1,427 (60%) conduct disorders, and 390 (16.4%) hyperkinetic disorders (i.e. ADHD).<sup>5</sup>

The data highlighted that conduct disorders are most prevalent in children and young people in Merton, followed by emotional disorders, hyperkinetic disorders and then a group labelled less common disorders. There is a strong gender bias in terms of

<sup>5</sup> Data presented to the task group from Merton Clinical Commissioning and Merton Child and Adolescent Mental Health Service.

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need; boys tend to be more prevalent in demonstrating conduct disorders and girls in emotional disorders.

The CAMHS team informed the task group that Merton has the second-highest rate of child mental health admissions compared to local authority statistical neighbours and the fifth highest compared to all London Boroughs.

As a result of concerns around self-harm, the South West London Health and Care Partnership has made children and young people's mental health and well-being a shared health promotion and prevention priority. They aim to reduce the number of children and young people presenting at A&E as a result of self-harm by 20% over the next three years.

Merton A&E Attendances by Children and Young People for substance misuse and self harm 2017 - 18



There has also been an increase in the demand for services as reflected in the table below. These figures are expected to increase further given the projected population increases. The population of children and young people (0-24 years) in Merton is predicted to grow over the next 15 years by 7% from the current figure of 62,900 to 67,300. This suggests an increase in the demand for CAMHS, with the prediction that the number of children aged 10-14 years, currently the largest group accessing CAMHS, will increase by 6% by 2035 (from 12,300 to 13,000).

|   | 2014/15 | 2015/16 | 2016/17 | 2017/18 |
|---|---------|---------|---------|---------|
| Tier 2 Services - Data for 14/15 relates to Sep 14 to March 2015 following the introduction of the IAPTus clinical system |         |         |         |         |
| No of Tier 2 Referrals  | 20      | 233     | 239     | 319     |
| Waiting time from referral to   |         |         |         |         |
| assessment (weeks)  | 0.9     | 3.3     | 2.1     | 2.5     |
| Waiting time from assessment to   |         |         |         |         |
| treatment (weeks)   | 7.4     | 4.7     | 4.8     | 5.4     |
| Number of CYP in treatment  | 1       | 100     | 140     | 114     |
| Number of contacts  | 44      | 952     | 1385    | 1959    |

Source: Merton Children and Young People Transformation Plan 2017-18

It was reported that since 2016-17, there has been a 'single point of access' to CAHMS to ensure a high-quality first assessment which takes place either on the phone or face-to-face, with users then directed to the correct services.

All professionals can refer young people into CAMHS where they will undergo a screening process. CAMHS also take a parent referral if the is child is previously known to the service. The screening takes place within 24 hours and no-one is rejected but referred to appropriate services.

Merton CCG have commissioned services to meet the need for Tier 2 services and provide early intervention. 'Off the Record' is an online counselling resource and the Wish Centre provides support for those who self-harm. The task group were told both were highly regarded and in-demand. As a result, extra funding had been provided for Off the Record but at the time of writing this report the Wish Centre had withdrawn their service from Merton and was no longer operating.

Given the projected rise in demand for mental health services as well as in self-harm, the task group believes that a good range of Tier 2 services, which provide help and support for those with mild to moderate mental health problems, are essential for early intervention to help prevent people moving to Tier 3 level of need.

#### Findings and recommendations

Having gathered evidence from a range of witnesses and visited local services, the findings and recommendations from the task group review are set out below.

#### Prevention of mental health issues.

With over half of mental health problems in adult life starting before the age of 15 and 75% by the age of 186, the initial aim of the task group was to focus on support for early year's development and post-natal attachment. Discussions with the Children and Young People Commissioning Manager indicated that Merton already has embedded targets and support for early years. Given the scale of this topic, the task group believes looking at the link between early years support and parental attachment as a way to prevent mental health conditions in children and young people, should be considered as a stand-alone topic.

The task group also looked at early intervention to stop problems from escalating. Young people should be supported to build emotional resilience and to practice everyday preventative steps to support their mental health. To achieve this, the task group would like to see a range of enrichment programmes to help young people make good choices, overcome challenges and move confidently towards adulthood.

In an attempt to gain a better understanding of preventative intervention methods, the task group considered the Blues Programme which was run by the National Children's Society. The Task Group held a telephone conference with the programme leader and were informed that this is a school-based intervention

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<sup>&</sup>lt;sup>6</sup> Children and Young People's mental health, the role of education: House of Commons Education and Health Committee. 02 May 2017.

offering a one hour session every week for six weeks. It is aimed at 13-19 year olds and aims to reduce depression and anxiety indicators. It combines a variety of approaches including Cognitive Behaviour Therapy, coping strategies and physical activity. The programme initially offered free support to schools, yet unfortunately this funding came to an end in 2018.

#### Recommendations:

1. That the Children and Young People's Overview and Scrutiny Panel consider reviewing Merton's early years support and post-natal attachment strategies. This can either be looked at as a report to the Panel or an indepth task group review.

The task group met with the founders of two local mental health charities, the Youth Parliament and council officers. All shared very clear messages about the current challenges affecting the mental health of Merton's young people.

#### **Early Help**

The task group were told about the difficulties young people face in getting support when they begin to suffer with their mental health. There are few alternative options for those who do not meet the threshold for CAMHS. Support is only likely to become available when the condition escalates and more serious intervention is required.

This was of great concern to the task group, given that 7.8% of the population suffer from anxiety and depression, making them the most common mental health conditions in the UK. National research supports this view and also found that many young people felt 'ignored' by health professionals if they did not show physical signs of distress<sup>7</sup>. Up to 44% found it hard to get a referral from their Children and Adolescent Mental Health Service<sup>8</sup>.

The task group also heard about challenges when trying to act on behalf of someone else who is experiencing the onset of anxiety and depression. There is a general lack of information about what is available in the community. As a result, people do not know how to get help, nor where to go for support. Again this can lead to the situation being left untreated until it escalates.

Youth Parliamentarians said that they are not aware of services in the community and teachers only refer pupils to Childline, given that is the only relevant organisation they are aware of.

It takes a concerted effort to ensure that local authorities, the clinical commissioning group and the voluntary and community sectors are working together to ensure that low-level mental health services such as drop-in centres and counselling services are available in the community. Research has highlighted that although there has been a

<sup>&</sup>lt;sup>7</sup> Fixing my Anxiety, Young People 'Fixing Anxiety Issues, Supported by the Wellcome Trust.2018

<sup>&</sup>lt;sup>8</sup> Young Minds, 25 Years fighting for young people's mental health, 2018

real-terms increase in funding for services, a postcode lottery still determines if spend per child on low-level mental health services actually increases<sup>9</sup>.

#### **User-Friendly Services**

Our witnesses expressed concern about the design of statutory mental health services and believe a completely different approach would be more beneficial to users. Given the immense pressure on the current provision and that demand outstrips supply, the focus is on crisis management and support is only given when young people communicate distress through self-harm and eating disorders.

Services were described as 'top down' and unresponsive to the needs of young people. Some young people felt that services do not work in a collaborative way to ensure the user's voice is heard and integrated into service design.

Mental health services often dispense drugs as a solution when a more therapeutic approach is needed to help people understand and manage their own wellbeing. Young people would like to see an individualised approach to mental health in recognition that one size does not fit all and many mental health symptoms vary a great deal for different individuals.

The task group heard that some young people would prefer to have access to trusted adults, especially those with lived experience, who have suffered with mental health issues themselves and hence provide greater empathy and understanding. In reality, councillors were told that access to trusted adults with lived experience and support of this nature is rare and hard to come by.

Young people talked about the difficulties when seeking support or diagnosis from their GP. Concerns included the time-limited nature of appointments and the lack of knowledge about anxiety conditions.

These are similar to the experiences outlined in a report on young people's experiences with anxiety, which highlighted that young people felt a sense of remoteness from statutory services and would prefer support from an 'expert by experience'<sup>10</sup>. A survey also found that 29% said they had problems getting help from their GP<sup>11</sup>.

The task group took the view that this should be approached with the view of creating a 'mental health-friendly borough' in a similar way to the dementia-friendly initiative; adopting a holistic approach recognises that the whole community has a role in making it easier for everyone to enjoy health and wellbeing. It is important that young people can find a safe space to talk rather than only through the formality of medical professionals.

The task group would like GP's to be empowered to offer more therapeutic options to patients and believe that social prescribing would be the right approach. Social

<sup>&</sup>lt;sup>9</sup> Children's Commissioner Early Access to mental health support, April 2019

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<sup>&</sup>lt;sup>10</sup> Fixing my Anxiety, Young People 'Fixing Anxiety Issues, Supported by the Wellcome Trust.2018

<sup>&</sup>lt;sup>11</sup> Young Minds, 25 Years fighting for young people's mental health, 2018

prescribing is when GP practices signposting patients to non-medical treatments in the community to improve their health and wellbeing. Merton ran a pilot targeted at adults for a year in the East of the borough. This was so successful that the scheme is being rolled out more widely.

#### **Recommendations:**

- 2. Merton CCG to fund advocacy services for children and young people who are seeking support for their mental health issues but who don't have appropriate support from a trusted adult.
- 3. Ensure the named practice lead knows what changes and enhancements on services and training are available to Children and Young People and takes responsibility for keeping clinicians up to date.
- 4. The single point of access to be opened up to young people, parents and anyone worried about a young person.
- 5. Ensure mental health first aid training is provided to anyone working with young people.
- 6. Pilot a young person social prescribing model

#### Support for parents and families

Ideally parents should be in the position to spot the early signs of illness and to understand how to offer support. The task group were told this is often not the case. Parents need a greater understanding of what to do when they spot the early signs that their child may be struggling.

Stigma around mental illness often means that parents are reluctant to come forward to discuss any issues they may be facing. The Education Inclusion Manager told the task group that there is often poor attendance when schools arrange sessions with parents to discuss mental health. Other young people said parents who may be struggling with their own mental health feared getting help, in case it led to social services intervention.

On the other hand, parents can unwittingly put too much pressure on young people to achieve academically, which is exacerbated during exam time. Young people felt parents would benefit from being given a greater understanding of mental health issues in a holistic way of how it affects them and how they can support their child. This would enable them do more to provide support and encouragement without making exam pressure any worse.

Young Minds run a parent helpline and report that many parents find it difficult to know how to support their child and access specialist services.

#### Recommendations:

7. Encourage schools to provide mental health first aid training to every parent in Merton – exploring opportunities to work with the Mayor of London to deliver.

#### Need for consistent mental health support in schools

The Task Group met with the Education Inclusion Manager who gave an overview of the work happening across schools to support mental health amongst pupils. The task group were concerned about the lack of consistent Tier 2 mental health provision in primary schools. The Targeted Mental Health in Schools (TaMHS) is utilised in 17 primary schools. Other schools could have implemented their own projects and within some schools there will be no support at all.

The picture is different for secondary school pupils who can access the Off the Record counselling service. The Education Inclusion Manager said some schools offer counselling - however as schools are required to support these services from within their own resources, the provision varies greatly.

The Education Inclusion Manager gave an overview of the activities taking place to support children's mental health in schools. Specific initiatives included:

- The council commissioned the Wishmore Academy to provide two days training to schools. Over 20 schools have completed this so far.
- Merton Clinical Commissioning Group provide themed network events looking at issues such as girls and autism, self-harm, eating disorders. This training is aimed at teachers and other professionals.
- There is a range of centrally-funded agencies for secondary schools who provide a range of support, including mental health first aid training.
- An event was held by the Anna Freud Centre to consider joint working and collaboration within mental health systems, which a range of partners attended. Feedback highlighted that signposting has improved - although it is harder to get referrals and waiting lists for an autism spectrum disorder diagnosis is longer than before.

#### Pressures within the school environment.

The task group attended a session with Youth Parliamentarians who highlighted the immense pressures within the school environment and the need for mental health support.

It was reported that the fear of failure generates a significant amount of stress. There is huge pressure to succeed academically, which comes from parents, teachers, peers and also the pressure young people put on themselves. This echoes evidence from the Mental Health Foundation which suggests that young people are being judged primarily on their academic performance. This is contributing to mental health

problems such as anxiety, depression and eating disorders. To combat this, it is important to put mental wellbeing at the heart of a child's school experience. <sup>12</sup>

The task group agrees that mental health issues need a more prominent position within schools and advocate that schools adopt a mental health policy. They may wish to model it on the approach taken by the London Borough of Camden, which has been widely put forward as an example of good practice.

#### Recommendations:

- 8. Encourage schools to adopt a mental health policy (which should include the importance of early intervention, building resilience and signposting of services).
- 9. Encourage School Governing Bodies to appoint a mental health lead, to ensure mental health and wellbeing is prioritised and training is up-to-date.
- 10. Encourage School Governing Bodies to take up training on mental health issues amongst children and young people.

#### Discussing mental health issues within the school curriculum

The Youth Parliamentarians told us that provision of Personal, Social and Health Education (PSHE) can be a useful forum to discuss emotional wellbeing and concerns around their own mental health. Many found that these sessions did not continue in year 10-11, during the busy exam season. However, Youth Parliamentarians felt this was the time the lessons would be the most beneficial.

Again, the Mental Health Foundation research found that PSHE is well placed to help young people understand their own experiences - especially as a significant number of young people report that they did not ask for help because they did not understand what they were going through. However, while there are schools that teach it well, the subject can be haphazardly delivered, frequently with irregular lessons and often rolled into other subjects like careers education.

#### Recommendation:

Social Media

<sup>11.</sup> Encourage Governors to ensure PSHE lessons that focus on mental health and wellbeing remain in place for years 10 and 11.

<sup>&</sup>lt;sup>12</sup> Mental Health Foundation, Make it Count: Let's put mental health and wellbeing at the heart of children's school experience. Policy Briefing, October 2018.

The negative impact of social media upon the mental health of young people is well documented. The Youth Parliament reported that pressures from social media can cause low self-esteem, especially as young people compare themselves to celebrities and high-profile influencers. This resonates with findings from the work of the Education and Health Select Committee looking at the role of education in children and young people's mental health, who found a rise in cyber-bullying and online sexual abuse was linked to a negative impact on mental health<sup>13</sup>.

#### **Youth Parliament Campaign**

Given their concerns around mental health, the Youth Parliament are running a campaign. This will include a social media platform to talk about different issues and creation of an Instagram page highlighting relevant services within the borough. The Youth Parliament Manifesto states that:

Merton Youth Parliament have decided to create a Instagram page, to spread awareness on various types of mental health illnesses, the importance of mental health and services that young people can reach out to in order to seek support.

Create posters with mental health support details as well as importance of acknowledging mental health.

The task group believes that this is a good opportunity for the council, CCG and Youth Parliament to work in partnership to develop a Borough-wide campaign.

#### Recommendation:

12. Council, Youth Parliament and CCG to work together on a communications plan to raise awareness of Merton's local offer and destigmatize mental health issues amongst young people.

#### Mental Health Trailblazer

In December 2018, the task group review were pleased to hear that Merton, along with our South West London neighbours had been selected to participate in one of the Trailblazer projects which emerged from the Children's Mental Health Green Paper.

The task group met with the Programme Lead for the Trailblazer, who gave a comprehensive overview of the progress with the work. It was reported that the South West London Health and Care Partnership decided to focus on self-harm in children, given the high rates recorded at accident and emergency hospital services. One of the root causes of self-harm is the lack of consistent wellbeing support and early intervention for our young people.

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<sup>&</sup>lt;sup>13</sup> Children and Young People's mental health, the role of education House of Commons Education and HEALTH Committee. 02 May 2017.

The pilot promotes partnership working, using a 'whole school' approach to emotional health, well-being and mental health. It will deal with mild to moderate mental health issues rather than more enduring mental illness. School leadership and an embedded programme was found to be the best route of delivery.

The task group were pleased to find that many of their early emerging ideas and recommendations were already incorporated into the mental health trailblazer.

Interventions in the whole school approach include:

- An on-line counselling service.
- Parent workshops with mental health support workers to discuss exam stress.
- Parenting peer led parenting programme, delivered by trained parents.
- Mental health first aid training.
- Teachers receiving support for their own mental health.

The task group were told that schools who participated in the programme would be required to conduct a considerable amount of work themselves. They had to set up a self-assessment audit and assessment and have a cluster action plan. A total of 16 Merton Schools are involved. A list of participating schools is attached at Appendix A.

The task group welcomed the work of the trailblazer as it addressed many of their concerns. The task group want to see learning from the pilot shared amongst all Merton schools and that the pilot pays specific attention to under-represented groups who face additional barriers in finding support for their mental health.

#### **Recommendations:**

- 13. CCG to lead a knowledge-sharing forum between Trailblazers and other Merton schools to ensure learnings and best practice from the pilot are shared.
- 14. Ensure that the work of the trailblazer reaches under-represented and seldom heard groups such as BAME and LGBTQ+.

#### Appendix A: Schools involved in the Mental Health Pilot

#### **Primary Schools:**

Sacred Heart

St John Fisher

St Thomas of Canterbury

St Peters & St Paul's Catholic Primary School

St Teresa's

St Mary's

Gorringe Park Primary

Holy Trinity Primary

The Sherwood Primary

**Links Primary** 

**Hollymount Primary** 

#### **Secondary Schools:**

Wimbledon College Ursuline High School Raynes Park Secondary

#### **Alternative Provision:**

Melrose School Smart Centre

### Children and Young People Overview and Scrutiny Panel - Performance Index 2019/20



|   |           |                         |                   | Benchmarkir      | ng and trend                             |  |                         | Merton 2018/19 performance |                |        |        |                |        |        |             |        |        |                |       |  |
|---|-----------|-------------------------|-------------------|------------------|--|--|-------------------------|----------------------------|----------------|--------|--------|----------------|--------|--------|-------------|--------|--------|----------------|-------|--|
| No. Performance Indicators  | Frequency | Target<br>2018/19       | Merton<br>2018/19 | Fngland          | London                                   | BRAG rating                              | Apr-19                  | May-19                     | Jun-19 /<br>Q1 | Jul-19 | Aug-19 | Sep-19 /<br>Q2 | Oct-19 | Nov-19 | Dec-19 / Q3 | Jan-20 | Feb-20 | Mar-20 /<br>Q4 | Notes |  |
| Assessments   |           |                         | 2010/13           | 2017/10          |  |  |                         |                            |                | 4-     |        |                | ٧-     |        |             |        |        |                | Α.    |  |
| Number of Common and Shared Assessments undertaken  |           | Not a target            |                   |                  | No benchmarking                          | No honohmarking                          | Not a target            |                            |                |        |        |                |        |        |             |        |        |                |       | Quarterly (Time lag in collati                   |
| 1 (CASAs)   | Quarterly | measure                 |                   |                  | available                                | available                                | measure                 |                            |                | 30     |        |                |        |        |             |        |        |                |       | CASAs from partner agencie YTD                   |
| % of Single Assessments authorised within the statutory 45 days   | Monthly   | 93%                     | 78%               | 89%              | 82%<br>(2017/18)                         | 83%<br>(2017/18)                         | Green                   | 89%                        | 91%            | 92%    | 93%    | 94%            |        |        |             |        |        |                |       | Year to Date (Of started<br>YTD, no. in 45 days) |
| % of Education, Health and Care plans issued within statutory 20 week timescale (new, including exceptions)     | Monthly   | 55%                     | 58%               | 34% (Jan 2018)   | 61.3%<br>(Jan 2018)                      | 52.4%<br>(Jan 2018)                      | Green                   |                            |                | 53%    |        |                |        |        |             |        |        |                |       | Year to Date                                     |
| Child protection  |           |                         |                   | •                | <u> </u>                                 |  |                         | ,                          |                |        |        |                |        |        |             |        |        |                |       |  |
| 4 Child Protection Plans rate per 10,000  | Monthly   | Not a target<br>measure | 39.4              | 41.7             | 46.3<br>(2017/18)                        | 39.6<br>(2017/18)                        | Not a target<br>measure | 37.0                       | 34.7           | 29.4   | 23.8   | 23.8           |        |        |             |        |        |                |       | Monthly - as at the end of the month             |
| 5 Number of children subject of a Child Protection Plan   | Monthly   | Not a target<br>measure | 185               | 196              | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Not a target<br>measure | 174                        | 163            | 138    | 112    | 112            |        |        |             |        |        |                |       | Monthly - as at the end of the month             |
| Number of family groups subject of Child protection plans   | Monthly   | Not a target<br>measure |                   | n/a              | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Not a target<br>measure | n/a                        | n/a            | n/a    | n/a    | n/a            | n/a    | n/a    | n/a         | n/a    | n/a    | n/a            | n/a   | Monthly - as at the end of the month             |
| Average caseload of workers for Children subject of a Child Protection Plan (New)                               | Monthly   | New                     | 15                | New              | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available |                         | 14                         | 13             | 15     | 13     | 14             |        |        |             |        |        |                |       | Monthly - as at the end of the month             |
| 8 % of quorate attendance at child protection conferences   | Quarterly | 95%                     |                   | n/a              | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Green                   |                            |                | 93%    |        |                |        |        |             |        |        |                |       | Quarterly  |
| 9 % of reviews completed within timescale for Children with Child Protection Plans                              | Monthly   | 96%                     | 94                | 82%<br>(2017/18) | 91%<br>(2017/18)                         | 94%<br>(2017/18)                         | Green                   | 100%                       | 100%           | 100%   | 100%   | 100%           |        |        |             |        |        |                |       | Monthly - as at the end of the month             |
| of Children subject of a CP Plan who had a CP visit within timescales in the month                              | Monthly   | Not a target<br>measure | 77%               | n/a              | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Not a target<br>measure | 97%                        | 90%            | 78%    | 79%    | 77%            |        |        |             |        |        |                |       | Monthly - as at the end of the month             |
| % of Children that became the subject of a Child Protection Plan or the second or subsequent time               | Monthly   | range 12-<br>20%        | 16%               | 13%              | 20%<br>(2017/18)                         | 15%<br>(2017/18)                         | Amber                   | 17%                        | 18%            | 18%    | 19%    | 19%            |        |        |             |        |        |                |       | Year To Date (NI 65)                             |
| Looked After Children   |           |                         |                   |                  |  |  |                         |                            |                |        |        |                |        |        |             |        |        |                |       |  |
| Looked After Children rate per 10,000   | Monthly   | Not a target<br>measure | 34                | 33               | 64<br>(2017-18)                          | 49<br>(2017-18)                          | Not a target<br>measure | 33.8                       | 31.5           | 33.6   | 34.7   | 35.5           |        |        |             |        |        |                |       | End of the month snapshot                        |
| 13 Number of Looked After Children  | Monthly   | Not a target<br>measure | 159               | 154              | 75420<br>(2017-18)                       | 9890<br>(2017-18)                        | Not a target<br>measure | 159                        | 148            | 158    | 163    | 167            |        |        |             |        |        |                |       | End of the month snapshot                        |
| 14 Number of UASC children and young people (PROPOSED)  | Monthly   | Not a target<br>measure | 33                | 24               | 4480<br>(2017-18)                        | 1500<br>(2017-18)                        | Not a target<br>measure | 33                         | 29             | 29     | 32     | 33             |        |        |             |        |        |                |       | Monthly - as at the end of the month             |
| 15 Average caseload of workers for Looked After Children (New)  | Monthly   | New                     | 15                | New              | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available |                         | 15                         | 15             | 16     | 14     | 15             |        |        |             |        |        |                |       | Monthly - as at the end of the month             |
| Average number of weeks taken to complete Care proceedings against a national target of 26 weeks                | Quarterly | 26 weeks                |                   | 31 weeks         | 31                                       | No relevant<br>benchmarking<br>available |                         |                            |                | 31     |        |                |        |        |             |        |        |                |       | Quarterly  |
| % of Looked After Children cases which were reviewed within required timescales                                 | Monthly   | 96%                     | 88%               | 88%              | Not published                            | Not published                            |                         | 90%                        | 92%            | 72%    | 93%    | 80%            |        |        |             |        |        |                |       | Monthly - as at the end of the month             |
| % of Looked After Children participating in their reviews in month  | Monthly   | Not a target<br>measure | 95%               | 99%              | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Not a target<br>measure | 11%                        | 36%            | 67%    | 75%    | 77%            |        |        |             |        |        |                |       | Year to Date                                     |
| Stability of placements of Looked After Children - number of moves (3 moves or more in the year)                | Quarterly | 11%                     | 2%                | 17%              | 10%<br>(2016/17)                         | 12%<br>(2016/17)                         | Green                   |                            |                | 0%     |        |                |        |        |             |        |        |                |       | Year To Date (NI 62                              |
| 20 Stability of placements of Looked After Children - length of placement (in care 2.5years, placement 2 years) | Quarterly | 65%                     | 73%               | 69%              | 70%<br>(2016/17)                         | 69%<br>(2016/17)                         | Green                   |                            |                | 27%    |        |                |        |        |             |        |        |                |       | End of the month<br>snapshot (NI 63)             |
| % of Looked After Children placed with agency foster carers   | Quarterly | 40%                     | 46%               | n/a              | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Amber                   |                            |                | 67%    |        |                |        |        |             |        |        |                |       | Quarterly  |
| Number of in-house foster carers recruited  | Quarterly | 15                      | 13                | 11               | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Amber                   |                            |                | 3      |        |                |        |        |             |        |        |                |       | Year to Date                                     |
| Number of Looked After Children who were adopted and agency Special Guardianship Orders granted                 | Monthly   | Not a target measure    | 8                 | 12               | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Not a target<br>measure | 0                          | 0              | 0      | 0      | 0              |        |        |             |        |        |                |       | Year to Date                                     |

|                            |  |           | Towns                      | Benchmarking and trend |                      |  |  |                         |        |                |        |        | Me             | rton 2018/ | 9 performance |             |        |        |                |       |   |
|----------------------------|--|-----------|----------------------------|------------------------|----------------------|--|--|-------------------------|--------|----------------|--------|--------|----------------|------------|---------------|-------------|--------|--------|----------------|-------|---|
| No.                        | Performance Indicators   | Frequency | Target<br>2018/19          | Merton<br>2018/19      | Merton<br>2017/18    | England London BRAG                      | BRAG rating                              | Apr-19                  | May-19 | Jun-19 /<br>Q1 | Jul-19 | Aug-19 | Sep-19 /<br>Q2 | Oct-19     | Nov-19        | Dec-19 / Q3 | Jan-20 | Feb-20 | Mar-20 /<br>Q4 | Notes |   |
| Child                      | rens Centres and Schools   |           |                            |                        |                      |  |  |                         |        |                |        |        |                |            |               |             |        |        |                |       | '   |
| 24                         | % outcome of all Children Centre Ofsted inspections good or outstanding (overall effectiveness)  | Quarterly | 100%                       | 100%                   | 100%                 | 96% (31 August<br>2019)                  | 96% (31 August<br>2019)                  | Green                   |        |                | 100%   |        |                |            |               |             |        |        |                |       | Year to Date. National and<br>London Comparitors as at<br>31/08/2015.   |
|                            | % of total 0-5 year estimated Census 2011 population from areas of deprivation (IDACI 30%) whose families have accessed children's centre services | Quarterly | Not a<br>target<br>measure | 56%                    | 58%                  | 89% (31 March<br>2017)                   | 93% (31 March<br>2017)                   | Not a target<br>measure |        |                | 25%    |        |                |            |               |             |        |        |                |       | Year to Date<br>Cumulates (Target 19% per<br>quarter)   |
| 26                         | % outcome of School Ofsted inspections good or outstanding (overall effectiveness)   | Quarterly | 91%                        | 94%                    | 93%                  | 89% (31 August<br>2017)                  | 94% (31 August<br>2017)                  | Green                   |        |                | 93%    |        |                | 95%        |               |             |        |        |                |       | Year to Date. National and<br>London Comparitors as at<br>31/08/2017.   |
| 27                         | Number of Primary permanent exclusions (Number YTD Academic year)  | Monthly   | Not a<br>target<br>measure | 1                      | 1<br>(AY 2017/18)    | 1145 (AY<br>2015/16)                     | 105(AY<br>2015/16)                       | Not a target<br>measure | 0      | 1              | 1      | 1      | 1              |            |               |             |        |        |                |       | August End of Acad. Yr. YTD<br>(August data interim until<br>November). September start of t<br>new Acad. Yr. |
| 28                         | Number of Secondary permanent exclusions (Number YTD Academic year)  | Monthly   | Not a<br>target<br>measure | 12                     | 19<br>(AY 2017/18)   | 5445 (AY<br>2015/16)                     | 805(AY<br>2015/16)                       | Not a target<br>measure | 12     | 14             | 15     | 15     | 15             |            |               |             |        |        |                |       | August End of Acad. Yr. YTD<br>September start of the new<br>Acad. Yr.  |
| 29                         | Secondary persistent absenteeism (10% or more sessions missed)   | Annual    | Not a<br>target<br>measure |                        | 8.4%<br>(AY 2017/18) | 13.1% (AY<br>2015/16)                    | 11.7% (AY<br>2015/16)                    | Not a target<br>measure |        |                |        |        |                |            |               |             |        |        |                |       | Annual Measure<br>6 half-terms DfE Published SFR<br>maintained and academies                                  |
| 30                         | % of Reception year surplus places   | Annual    | Range                      | 13%                    | 7.7%<br>(AY 2017/18) | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available |                         |        |                |        |        |                |            |               |             |        |        |                |       | Annual measure  |
| 31                         | % of Secondary school (Year 7) surplus places  | Annual    | Range                      | 12%                    | 9.6%<br>(AY 2017/18) | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available |                         |        |                |        |        |                |            |               |             |        |        |                |       | Annual measure  |
| Youn                       | g People and Services  |           |                            |                        |                      |  |  |                         |        |                |        |        |                |            |               |             |        |        |                |       |   |
| 32                         | Youth service participation rate   | Annual    | 1800                       |                        | 1,967                | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available |                         |        |                |        |        |                |            |               |             |        |        |                |       | Annual Measure  |
| 33 <u>.</u><br>33 <u>.</u> | training (NEET)  | Monthly   | Not a<br>target<br>measure | 1.6%                   | 1.6% (Q4)            | 2.6%                                     | No relevant<br>benchmarking<br>available | Green                   | 2.0%   | 1.9%           | 1.9%   | 1.8%   | 1.7%           |            |               |             |        |        |                |       | Monthly (totals are<br>adjusted) - reported a<br>month in arrears   |
| Set 30                     | % of CYP (16 - 17 year olds) education, employment or training status 'not known'  | Monthly   | Not a<br>target<br>measure | 0.6%                   | 0.9% (Q4)            | 2.9%                                     | No relevant<br>benchmarking<br>available |                         | 1.1%   | 1.2%           | 1.0%   | 1.3%   | 1.0%           |            |               |             |        |        |                |       | Monthly (totals are<br>adjusted) - reported a<br>month in arrears   |
| 35                         | Number of First Time Entrants (FTEs) to the Youth Justice<br>System aged 10-17   | Monthly   | 50                         |                        | 54                   | 326.90 rate per<br>100,000 (2016)        | 405.50 rate per<br>100,000 (2016)        | Green                   |        |                | 12     |        |                |            |               |             |        |        |                |       | Year to Date  |
| 36                         | Rate of proven re-offending by young people in the youth justice system  | Quarterly | Not a<br>target<br>measure |                        | 0.5                  | 1.04(2013)                               | 1.10(2013)                               | Not a target<br>measure |        |                | 1.22   |        |                |            |               |             |        |        |                |       | Quarterly (NI 19)   |
| 37                         | TF: Number of Families engaged for Expanded Programme  | Quarterly | Not a<br>target<br>measure | 320                    | 320                  | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Not a target<br>measure |        |                | 56     |        |                |            |               |             |        |        |                |       | Quarterly   |
| 38                         | % of commissioned services for which quarterly monitoring was completed  | Quarterly | 100%                       | 100%                   | 100%                 | No relevant<br>benchmarking<br>available | No relevant<br>benchmarking<br>available | Green                   |        |                | 100%   |        |                |            |               |             |        |        |                |       | Quarterly<br>(Time lag in collating fron<br>partner agencies)   |
| 39                         | % agency social workers (New)  | Quarterly | New                        |                        | 23.1%                | 15.8% (2017)                             | 26.5% (2017)                             | Green                   |        |                | 50%    |        |                |            |               |             |        |        |                |       | Quarterly<br>(Aligned with HR reporting   |

# Children and Young People Work Programme 2019/20



This table sets out the Children and Young People Overview and Scrutiny Panel work programme for 2018/19; the items listed were agreed by the Panel at its meeting on 26 June 2019. This work programme will be considered at every meeting of the Panel to enable it to respond to issues of concern and incorporate reviews or to comment on pre-decision items ahead of their consideration by Cabinet/Council.

The work programme table shows items on a meeting-by-meeting basis, identifying the issue under review, the nature of the scrutiny (pre-decision, policy development, issue specific, performance monitoring, partnership related) and the intended outcomes.

Chair: Cllr Sally Kenny

Vice-chair: Cllr Edward Gretton

#### **Scrutiny Support**

For further information on the work programme of the Children and Young People Scrutiny Panel please contact: - Rosie McKeever, Scrutiny Officer

Tel: 020 8545 4035; Email: rosie.mckeever@merton.gov.uk

For more information about overview and scrutiny at LB Merton, please visit www.merton.gov.uk/scrutiny

# Meeting date: 26 June 2019 (Deadline for papers: 12pm, 17 June 2019)

| Scrutiny category                | Item/issue                          | How                  | Lead member and/or lead officer  | Intended outcomes  |
|----------------------------------|-------------------------------------|----------------------|--|--|
| Holding the executive to account | Cabinet Member priorities           | Verbal update        | Cabinet Member for<br>Schools and Adult<br>Education; Cabinet<br>Member for Children's<br>Services | To understand current priorities and consider these in relation to Panel work programme. |
| Holding the executive to account | Health and Wellbeing<br>Strategy    | Written report       | Dagmar Zeuner,<br>Director of Public<br>Health; Clarissa Larsen                                    |  |
| Scrutiny reviews                 | Children's mental health task group | Written report       | Stella Akintan, Scrutiny<br>Officer  | Final report   |
| Holding the executive to account | Departmental update report          | Written report       | Director of Children,<br>Schools and Families  | Update report  |
| Performance management           | Performance monitoring              | Basket of indicators | Head of Policy,<br>Planning and<br>Performance   | To highlight items of concern  |
| Setting the work programme       | Work programme<br>2019/20           | Written report       | Rosie Mckeever,<br>Scrutiny Officer  | To agree the work programme and select a subject for task group review.                  |

# Meeting date: 7 October 2019 (Deadline for papers: 12pm, 27 September 2019)

| Scrutiny category                | Item/issue                 | How                  | Lead member and/or lead officer   | Intended outcomes  |
|----------------------------------|----------------------------|----------------------|---|--|
| Standing items                   | Cabinet Member priorities  | Verbal update        | Cabinet Member for<br>Schools and Adult<br>Education; Cabinet<br>Member for Children's<br>Services    | To understand current priorities, policy development and performance indicators.                       |
| Holding the executive to account | School maintenance costs   | Written report       | Tom Procter, Head of<br>Contracts and School<br>Organisation; Rachael<br>Wardell, Director of<br>CSF  | Information report itemising the council's spending on school maintenance and how this is prioritised. |
| Holding the executive to account | Troubled families          | Written report       | Roberta Evans, YOT<br>Team Manager; El<br>Mayhew, AD Children's<br>Social Care and Youth<br>Inclusion | Scrutinise performance and comment on options for the future.  |
| Holding the executive to account | Departmental update report | Annual report        | Rachael Wardell,<br>Director of Children,<br>Schools and Families                                     | Update report  |
| Performance<br>management        | Performance monitoring     | Basket of indicators | Head of Policy,<br>Planning and<br>Performance  | To highlight items of concern  |
| Setting the work programme       | Work programme<br>2019/20  | Written report       | Rosie Mckeever,<br>Scrutiny Officer   | To review the work programme and agree any changes   |

Meeting date: 6 November 2018 (Deadline for papers: 12pm, 25 October 2019)

| Scrutiny category                | Item/issue                              | How                  | Lead member and/or lead officer  | Intended outcomes   |
|----------------------------------|---|----------------------|--|---|
| Standing items                   | Cabinet Member priorities               | Verbal update        | Cabinet Member for<br>Schools and Adult<br>Education; Cabinet<br>Member for Children's<br>Services | To understand current priorities, policy development and performance indicators and consider these in relation to Panel work programme. |
| Budget scrutiny                  | Budget/business plan scrutiny (Round 1) | Written report       | Caroline Holland,<br>Director of Corporate<br>Services   | To discuss and refer any comments to the O&S Commission   |
| Holding the executive to account | Support for failing schools             | Written report       | Elizabeth Fitzpatrick,<br>Head of Service for<br>School Improvement                                | Receive info on the work of the school improvement service  |
| Holding the executive to account | Departmental update report              | Annual report        | Rachael Wardell,<br>Director of Children,<br>Schools and Families                                  | Update report   |
| Performance<br>management        | Performance monitoring                  | Basket of indicators | Head of Policy,<br>Planning and<br>Performance   | To highlight items of concern   |
| Setting the work programme       | Work programme<br>2019/20               | Written report       | Rosie Mckeever,<br>Scrutiny Officer  | To review the work programme and agree any changes  |

# Meeting date: 15 January 2020 (Deadline for papers: 12pm 6 January 2020)

| Scrutiny category                | Item/issue                              | How                  | Lead member and/or lead officer  | Intended outcomes   |
|----------------------------------|---|----------------------|--|---|
| Standing items                   | Cabinet Member priorities               | Verbal update        | Cabinet Member for<br>Schools and Adult<br>Education; Cabinet<br>Member for Children's<br>Services | To understand current priorities, policy development and performance indicators and consider these in relation to Panel work programme. |
| Budget scrutiny                  | Budget/business plan scrutiny (Round 2) | Written report       | Caroline Holland,<br>Director of Corporate<br>Services   | To discuss and make recommendations to forward to Cabinet   |
| Holding the executive to account | Corporate Parenting                     | Annual report        | Assistant Director Children's' Social Care and Youth Inclusion                                     | To provide comments on annual report  |
| Holding the executive to account | Departmental update report              | Annual report        | Rachael Wardell,<br>Director of Children,<br>Schools and Families                                  | Update report   |
| Performance management           | Performance monitoring                  | Basket of indicators | Head of Policy,<br>Planning and<br>Performance   | To highlight items of concern   |
| Setting the work programme       | Work programme<br>2019/20               | Written report       | Rosie Mckeever,<br>Scrutiny Officer  | To review the work programme and agree any changes  |

# Meeting date: 12 February 2020 (Deadline for papers: 12pm 3 February 2020)

| Scrutiny category                | Item/issue                            | How                  | Lead member and/or lead officer  | Intended outcomes   |
|----------------------------------|---------------------------------------|----------------------|--|---|
| Standing items                   | Cabinet Member priorities             | Verbal update        | Cabinet Member for<br>Schools and Adult<br>Education; Cabinet<br>Member for Children's<br>Services | To understand current priorities, policy development and performance indicators and consider these in relation to Panel work programme. |
| Holding the executive to account | Harris Wimbledon                      | Written report       |  |   |
| Health scrutiny                  | Merton Safeguarding<br>Children Board | Written report       |  | Annual report   |
| Holding the executive to account | Departmental update report            | Annual report        | Rachael Wardell,<br>Director of Children,<br>Schools and Families                                  | Update report   |
| Performance<br>management        | Performance monitoring                | Basket of indicators | Head of Policy,<br>Planning and<br>Performance   | To highlight items of concern   |
| Setting the work programme       | Work programme<br>2019/20             | Written report       | Rosie Mckeever,<br>Scrutiny Officer  | To review the work programme and agree any changes  |

Meeting date: 11 March 2020 (Deadline for papers: 12pm 2 March 2020)

| Scrutiny category                | Item/issue                                   | How                  | Lead member and/or lead officer  | Intended outcomes   |
|----------------------------------|--|----------------------|--|---|
| Standing items                   | Cabinet Member priorities                    | Verbal update        | Cabinet Member for<br>Schools and Adult<br>Education; Cabinet<br>Member for Children's<br>Services | To understand current priorities, policy development and performance indicators and consider these in relation to Panel work programme. |
| Holding the executive to account | Schools Standards<br>Annual Report           | Written report       | Rachael Wardell,<br>Director of Children,<br>Schools and Families                                  | To scrutinise attainment information  |
| Holding the executive to account | Health & Wellbeing<br>Strategy Annual Review | Written report       | Dagmar Zeuner,<br>Director of Public<br>Health; Clarissa Larsen                                    | Annual update   |
| Holding the executive to account | Departmental update report                   | Annual report        | Rachael Wardell,<br>Director of Children,<br>Schools and Families                                  | Update report   |
| Performance management           | Performance monitoring                       | Basket of indicators | Head of Policy,<br>Planning and<br>Performance   | To highlight items of concern   |
| Setting the work programme       | Topic suggestions for 2020/21                | Written report       | Rosie Mckeever,<br>Scrutiny Officer  |   |

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